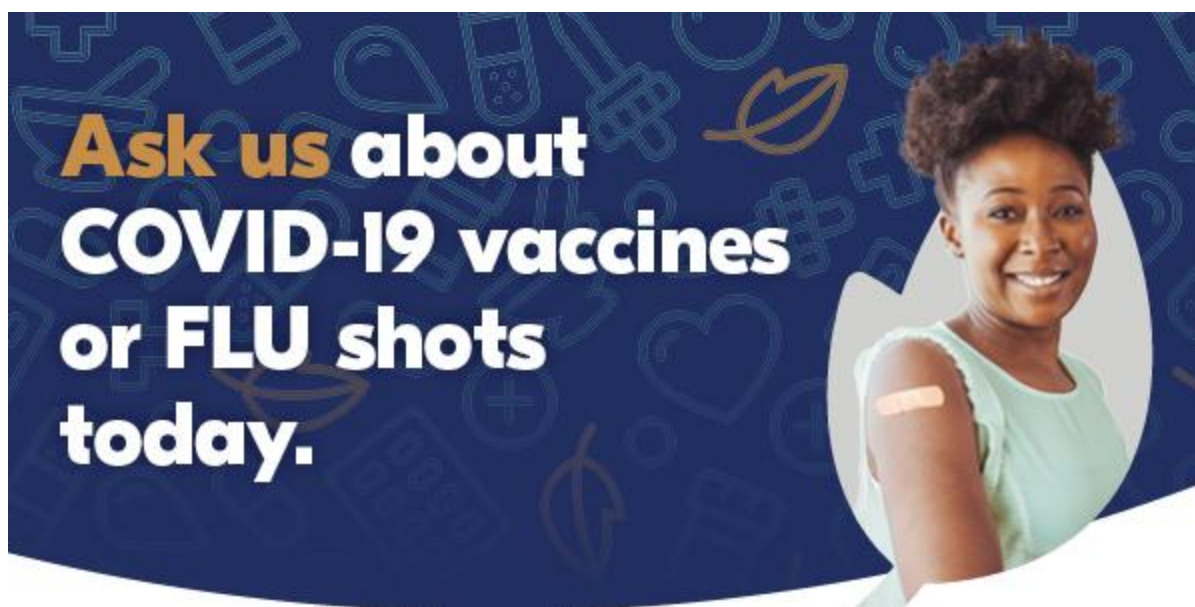




FROM YOUR PPN PHARMACIST



Looking to book a COVID-19 vaccine or FLU shot?

Our Pharmacy teams are here to support you and the health of our community!

*Vaccines do not provide 100% protection.

[Book your appointment today](#)



Enjoy the benefits!

Whether you are a direct MHCSI Preferred Provider Network (PPN) pharmacy customer or in partnership with your primary benefits carrier, you can enjoy the benefits, savings, and rewards as a member of an **MHCSI Preferred Pharmacy Benefit Program**.

Exclusive October offers:

- Preferred pricing/copay coverage on prescriptions filled at MHCSI PPN pharmacies (*Check with your plan administrator for details*).
- Enjoy discounts* on front store purchases at Lawtons Drugs.

*Available in Atlantic Canada only.

[Contact us for more information](#)



Getting Your Annual Flu Shot!

The annual Flu Shot is one of the best ways to prevent catching the flu. PLUS, you're not only protecting yourself but also the high-risk people around you!

Booking your Flu Shot has never been easier.

- **STEP 1:** Visit pharmacyappointments.ca to REGISTER
- **STEP 2:** Once registered, you will receive an email confirming you are in our system.
- **STEP 3:** If the Flu vaccine is available at your Pharmacy of choice when you visit the site, you can book your appointment right away. If the Flu vaccine is currently unavailable, don't worry! You will receive an email notification when it's back and time to book your shot.

Get your FLU Shot and follow these tips to remain safe and healthy this season:

- Keep your hands clean and sanitized.
- Always try to direct a cough or sneeze into your sleeve, not your hand.
- Regularly clean and disinfect common surfaces.
- Help keep your immune system in optimal shape through healthy food and exercise.

Follow Public Health guidance by staying home when you feel unwell.

*Vaccination does not guarantee 100% protection.

[Book your Flu Shot Now](#)

MHCSI Preferred Provider Network (PPN) Pharmacies include:



To locate a PPN pharmacy near you visit pharmacynearestyou.ca



535 Portland Street, Unit 1, Dartmouth, NS B2Y 4B1
1.888.686.6427 mhcsi@mhcsi.ca

You received this email because you signed up to receive communications from MHCSI. If you received this email as a forward, we invite you to [subscribe](#).

PLEASE DO NOT REPLY TO THIS EMAIL. Replies will not be read or forwarded for handling.
[Click here to unsubscribe](#).

© Copyright 2022 Managed Health Care Services, Inc. All rights reserved.